

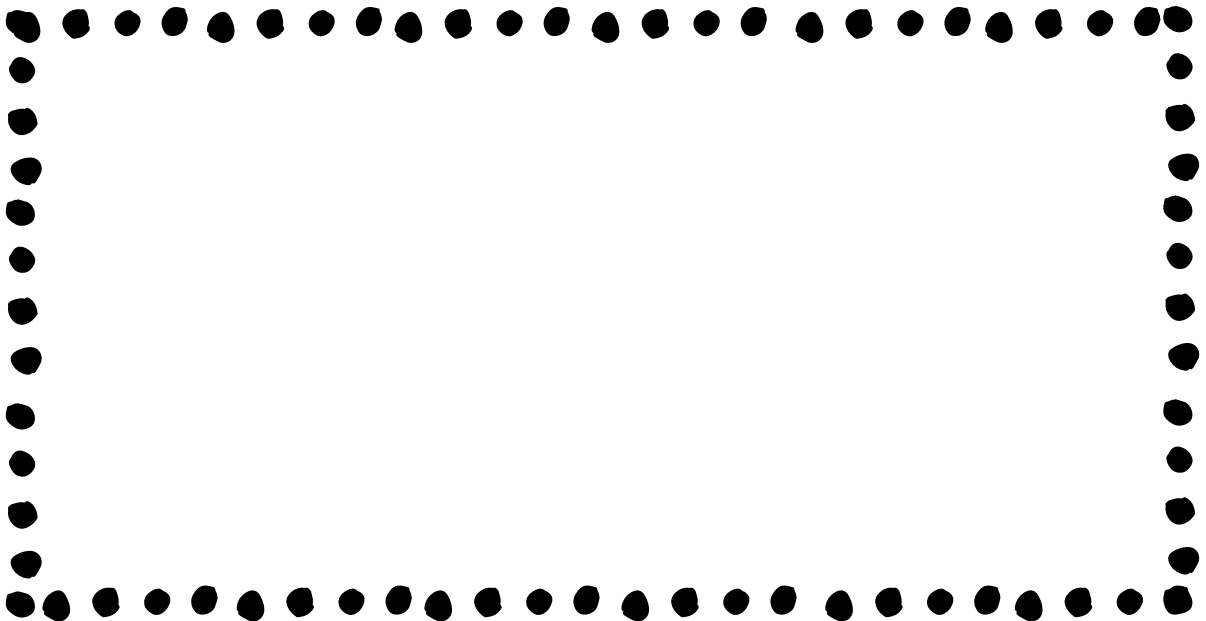


# I AM CHOOSING POSITIVE AFFIRMATIONS!

Choose a positive affirmation or create your own. Then, draw it or write it down.

## **Affirmations you can use:**

**I Am Brave    I Am Fierce    I Am Determined    I Am Healthy    I Am Worthy**  
**I Am Positive    I Am Confident    I Am Courageous    I Am Grateful    I Am Happy**



**My Affirmation:** \_\_\_\_\_